

MODIFIED RULES REGARDING EXTRA LANDING MATS

- **The FIG landing mats in Åkeshovshallen are in very poor shape. Therefore, the gymnasts are allowed to use “crash-mats”, or other extra mats (including thick soft-mats) on all apparatus, except Pommel Horse.**
- **However; There is ongoing competition for both men and women (i.e. a vast number of apparatus) at the same time, so all teams must cooperate with the limited amount of mats that are available in Åkeshovshallen.**
- **Extra mats must not be moved during a routine.**